

# **Shallow Water Lifeguarding Certification**

This course is available to new hires of the Alvin Norlin Pool and Splashpad.

Must be 15 years old on or before June 6, 2026.

Mandatory pretest consists of:

- \*100 yards continuous swim demonstrating rhythmic breathing
- \*2 minutes of treading water with legs only
- \*Swimming 20 yards to retrieve a submerged 10 lb object, returning to the wall, and exiting the pool within a given time. The pretest will be conducted on Saturday, May 23.

This is a blended learning class that includes about 7 hours of online instruction done on your own time, as well as in-person training, practice, and testing times as follows:

Tuesday-Thursday, May 26-28, 3:30-5:30pm  
Saturday, May 30, 9-2pm  
Tuesday-Thursday, June 2-4, 3:30-5:30pm  
Saturday, June 6, 9-2pm

Cost: \$175

Price includes pretest, online and in-person classes, CPR mask, and Red Cross fee.

*New hires may receive full reimbursement at the end of the season for working at the Alvin Norlin Pool. You must average 6+ hrs/week for the entirety of the season. No refunds will be given if you do not complete the class or work the minimum number of hours.*

Applications can be picked up at City Hall beginning March 30 and are due by May 1. Interviews will be scheduled for the week of May 4.

Please email [pool@imlaycity.org](mailto:pool@imlaycity.org) for more information!